Side Work 8/Songs to Video (5 points)

Filmmaking is about “moving pictures”. Do the following:

**1st –Go to the Go Animate.com site on the Internet. Watch some of the videos.**

**2nd-Pick one person from your group to sign up for the site and make a video about anything you like.**

Story Guidelines:

-You may not use any curse words or adult content.

HAVE FUN!

Side Work 9/Songs to Video (5 points)

Filmmaking is about “moving pictures”. Do the following:

**1st –Open the links that follow and look at read what they say about breakfast food.**

**Healthier Breakfast Foods**

[**http://blog.foodnetwork.com/healthyeats/2010/09/15/8-healthiest-breakfast-items/**](http://blog.foodnetwork.com/healthyeats/2010/09/15/8-healthiest-breakfast-items/)

[**http://www.rd.com/health/27-ideas-for-a-healthier-breakfast/**](http://www.rd.com/health/27-ideas-for-a-healthier-breakfast/)

[**http://zenhabits.net/10-tasty-easy-and-healthy-breakfast-ideas/**](http://zenhabits.net/10-tasty-easy-and-healthy-breakfast-ideas/)

[**http://astronutrition.com/blog/top\_5\_healthiest\_breakfast\_foods**](http://astronutrition.com/blog/top_5_healthiest_breakfast_foods)

**Less Healthy Breakfast Foods**

[**http://www.ivillage.com/raisin-bran-worst-breakfast-foods/4-b-190554**](http://www.ivillage.com/raisin-bran-worst-breakfast-foods/4-b-190554)

[**http://health.yahoo.net/experts/eatthis/americas-worst-breakfast-foods/**](http://health.yahoo.net/experts/eatthis/americas-worst-breakfast-foods/)

[**http://www.cracked.com/funny-6742-5-worst-breakfast-foods/**](http://www.cracked.com/funny-6742-5-worst-breakfast-foods/)

[**http://www.symptomfind.com/nutrition-supplements/worst-breakfast-foods/**](http://www.symptomfind.com/nutrition-supplements/worst-breakfast-foods/)

**2nd-Look at the words from “It’s All About Me” and make six meals for breakfast, three healthy and three unhealthy.**

**3rd-Choose the healthiest meal from your research and the unhealthiest meal from your research. Make two Go Animate videos, one using a healthy meal and one using an unhealthy meal. \*Be ready to share with the group!**

HAVE FUN!